

# PE 10 / Driver's Ed Course Syllabus

## **COURSE DESCRIPTION:**

**PE:** Physical Education 10 is designed to enhance your motor skills and strengthen your body. All students will dress out and engage in daily exercises and organized activities. Correct techniques in stretching and exercising will be enforced. The rules and skills of various games will also be learned. Participation in all organized physical fitness activities is required and sportsmanship and fun are essential. Each student is required to dress out in an RHS issued PE uniform everyday.

**Driver's Ed.:** The purpose of driver education is to provide students with a detailed understanding of the fundamentals of driving and to foster responsible attitudes and behaviors. As a result of quality traffic-safety instruction students will be able to:

- Demonstrate a working knowledge of the laws governing the operation of a motor vehicle;
- Identify and analyze the physical and psychological conditions that affect driver performance;
- Apply knowledge, processes, and skills to become safe, competent users of the HTS;
- Use visual search skills to make risk-reducing decisions by adjusting speed and or position
- Demonstrate balanced vehicle movement through precise and timely steering, braking, and accelerating under a variety of conditions; and
- Display responsible driving behaviors when alone and with peers.

## **TEXT:**

Responsible Driving by Glencoe. 2000

Driving into Tomorrow by The Virginia Association of Driver Education and Traffic Safety

## **GRADING:**

**PE:** 40% Dressing out in RHS uniform  
60% Participation

**Driver's Ed:** 40% Tests  
20% Quizzes  
40% Daily Work

**\* Overall grade is 50% PE, 50% Driver's Ed**



